

## PITU General Assistance (GA) Participation Requirements

Effective December 2014 all “able bodied” GA recipients must participate in employment/training related activities at least 30 hours per week such as job search, workshops and volunteering. *Notify the GA worker immediately if you are unable to participate due to a verified medical problem or disability. Failure to fully participate and comply with your Individual Self-Sufficiency Plan (ISP) will result in up to a 90 day sanction from the program.*

Below is a sample showing how you might structure your days/week to meet the required participation:

Weeks 1-2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8AM					
9AM	DWS employment center (job seeking/Work Success/workshops/completing applications/follow up calls to employers) – 15 hours				
10AM					
11AM					
12PM	Lunch	Lunch	Lunch	Lunch	Lunch
1PM	Job seeking/submitted applications – 10 hours				
2PM					
3PM	Volunteering/community service – 5 hours				
4PM					
5PM					
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8AM					
9AM	Job seeking/submitted applications – 15 hours				
10AM					
11AM					
12PM	Lunch	Lunch	Lunch	Lunch	Lunch
1PM	DWS employment center (researching job openings, completing applications, practice interviews, follow up calls to employers) – 10 hours				
2PM					
3PM	Volunteering/community service – 5 hours				
4PM					
5PM					
Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8AM					
9AM	Volunteering/community service – 15 hours				
10AM					
11AM					
12PM	Lunch	Lunch	Lunch	Lunch	Lunch
1PM	DWS employment center (job seeking/Work Success/workshops/completing applications/follow up calls to employers) – 10 hours				
2PM					
3PM	Job seeking/submitted applications – 5 hours				
4PM					
5PM					

